

# CASA Conference 2019

## Safe & Strong Farms: Build an AgSafe Canada

Québec, QC

October 8 to 10

### Program

French/English interpretation is provided for all conference sessions.

CASA Conference 2019 focuses on sharing practical strategies agricultural safety and health professionals can use to enhance the wellbeing of farmers, farm families and farm workers.

#### Monday, October 7

5:00 – 8:00pm: Conference Registration

8:00pm: Hospitality Room (*Business Suite*)

#### Tuesday, October 8

8:30am: Breakfast snack (*Des Plaines BC*)

9:00 – 10:00am: Keynote – Mental Health, Mental Wealth... change your thoughts, change your life with Stuart Ellis-Meyers (*Des Plaines A*)

10:00 – 10:30am: Networking Break (*Des Plaines BC*)

10:30 – 11:45am: Mental Health Safety – First Aid plus A.N.C.H.O.R.I.N.G. with Stuart Ellis-Meyers

12:00pm: Lunch (*Des Plaines BC*)

1:00 – 3:00pm: Building an Ag Safe Canada – an interactive workshop envisioning CASA's future – discuss current national ag safety priorities and programs; develop initiatives together. Facilitated by Dan Trottier, Tatonga Consulting and CASA board member and CASA's AGM (*Des Plaines A*)

3:00 – 3:30pm: Networking Break (*Des Plaines BC*)

3:30 – 5:00pm: Concurrent Sessions – Learn about the latest agricultural safety research, initiatives, projects and programs from across Canada (Submit a presentation for consideration) (*Des Plaines A, Grand Allée AB*)

5:30pm: (Optional) Walk the Old Town – During this nicely paced two hour walking tour, you will see the Upper Town and the Lower Town of Old Québec through its history, architecture and culture.

Dinner on your own

9:00pm: Hospitality Room (*Business Suite*)

#### Wednesday, October 9

8:30am: Breakfast snack (*Des Plaines BC*)

9:00 – 10:00am: Concurrent Sessions – Learn about the latest agricultural safety research, initiatives, projects and programs from across Canada (Submit a presentation for consideration) (*Des Plaines A, Grand Allée AB*)



## CASA | ACSA

CANADIAN AGRICULTURAL SAFETY ASSOCIATION  
ASSOCIATION CANADIENNE DE SÉCURITÉ AGRICOLE

#### Wednesday continued...

10:00 – 10:30am: Networking Break (*Des Plaines BC*)

10:30 – 11:45am: Concurrent Sessions – Learn about the latest agricultural safety research, initiatives, projects and programs from across Canada (Submit a presentation for consideration) (*Des Plaines A, Grand Allée AB*)

12:15pm: Pick up boxed lunches and board buses for farm tours and social evening

12:15 – 6:00pm: Farm tours

**Ferme François Gosselin** – This family farm crops over 300 acres and has a total of 120 employees. The farm promotes innovation through the research of new cultivars and new production techniques as well as through sustainable business development.

**Ferme Onésime Pouliot** – For over 25 years, the Onésime Pouliot family farm has provided high quality strawberries and raspberries grown with respect for the environment and its almost 200 employees.

6:00pm: Social evening – Sugar Shack supper and show at le Relais des Pins

9:30pm: Hospitality Room (*Business Suite*)

#### Thursday, October 10

9:00 – 12:00pm: (Optional/limited to 30 participants)

Professional Improvement Workshop \* – Increasing competency and confidence of agricultural frontline workers: helping farm families in distress, facilitated by Kim Hyndman-Moffat, crisis counsellor, Manitoba Farm, Rural and Northern Support Services (*Du Jardin*)

\* This workshop is designed for front line safety and health professionals in the agricultural industry who work closely with producers. We will look at the impact of current influences and challenges facing farmers today on their mental health and wellbeing. Participants will gain skills to both recognize and respond to farmers who may be showing signs of distress and in need of support. The issue of suicide in the farming community will also be addressed and participants will be given basic tools to help connect farmers to appropriate resources.